

## **HANDS-ON Play and Learn Balls**



## **Combining mental and physical training**



## Fun for people of all ages and abilities

MATHS: No. 9001 Add & Subtract to 20 No. 9002 Add & Subtract to 100 No. 9003 Multiplication

No. 9004 Alphabet Calling out words, creating sentences, A-Z of towns/countries/ clothes/food etc. No. 9006 Kennenlernball (German)

Completing sentences: A creative way to practise German.

No. 9007 Animals Name of the animal? Species? Habitat? etc.

**No. 9008 Icebreaker (English)** A fun way for a group of people to learn more about one another by talking about themselves.

No. 9009 Fruit and Vegetables Name? Is it a fruit or a vegetable? How does it grow? Describe it.

No. 9010 Balle de Conversation (French) Conversation starter. Completing sentences.

No. 9011 Zeit und Uhrzeit (German) Learn to talk about time and dates in German.

No. 9012 Time (English) Learn to talk about time and dates in English.

No. 9013 Story Ball Tell a story; start a sentence; find definition, etc.

No. 9014 Emotions Supports social and emotional learning; role playing.

**No. 9015 Metric Units of Measurement** Converting length, mass, volume (capacity)

No. 9020 Elements of the Periodic Table Identifying 30 of the most common chemical elements .

No. 9021 Jobs and their tools Learning about different jobs and practising jobs vocabulary.

**No. 9022 Numbers and quantities to 10** Number names, quantity recognition and counting to 10.

The HANDS ON ball consists of a printed 32-panel polyester fabric cover and a durable balloon. This lightweight, yet very robust, ball is the ideal link between cognitive training and physical exercise.



First, the balloon is inserted into the cover and inflated by using the plastic mouthpiece. The fully inflated ball is sealed by removing the mouthpiece, twisting the balloon neck around itself a few times (do not knot) and slipping it back into the cover. Please retain mouthpiece to reinflate balloon as needed. Inflated ball size: 35 cm  $\Theta$ .

## Flatpacked • Reusable • PVC-free

**THE BASIC GAME RULE IS SIMPLE:** Throw the ball to each other; use the picture under the right thumb.



**THE JOKER:** If a player's thumb lands on the HANDS ON mascot, he/she can decide an activity for the others in the group.

